



**Ehab K. Mansoor, M.D.**  
Pediatrics and Sleep Medicine

**Medical School**

Ain Shams University School of Medicine  
Cairo, Egypt

**Residency**

Family Physician  
Hospital of Armed Forces  
Cairo, Egypt

**Residency**

Pediatrics  
Brookdale Hospital  
Brooklyn, New York

**Fellowship**

Sleep Medicine  
Henry Ford Hospital  
Detroit, Michigan

**Certified by American Board of Pediatrics**

General Pediatrics  
Sleep Medicine

## Sleep conditions

**We treat and diagnose all sleep disorders:**

- Obstructive sleep apnea (difficulty breathing while asleep, blockage of airflow)
- Central sleep apnea
- Narcolepsy
- Idiopathic Hypersomnia (excessive daytime sleepiness)
- Insomnia (difficulty sleeping at night)
- Behavioral insomnia of childhood
- Circadian rhythm sleep disorders
- Parasomnias
- Sleep talking
- Sleep walking
- Bruxism (teeth grinding)
- REM behavior disorder
- Restless leg syndrome
- Nocturnal enuresis (bed wetting)

**Services we provide to newborn, pediatric and adolescent patients:**

- Evaluation
- Polysomnography (sleep study)
- Multiple Sleep Latency Testing (MSLT)
- Education and troubleshooting of Positive Airway pressure (PAP) devices
- PAP titration and initiation
- Cognitive behavioral therapy
- Inpatient consultations available upon request
- Sound sleeper screening program in local schools

The Children's Hospital Sleep Medicine Center is accredited by AASM. Our staff is expertly trained in pediatrics to make the patient and family's experience as comfortable as possible. Everything from our beds to our sensors are designed with children in mind.

## Specialty Sleep Studies

- Ventilator weaning studies: Patients on nighttime ventilator to evaluate their ability to come off ventilator during sleep.
- Tracheostomy decannulation studies: Patients with tracheostomy tubes to evaluate their readiness for decannulation.
- Ventilator titration studies: Patients on home ventilators to assess for ideal ventilator settings.
- High flow nasal cannula (Airvo) titration studies: Patients who are using HFNC/Airvo as an alternative to PAP to evaluate for ideal Airvo settings.

**Scan to learn more and watch a video about our Pediatric Sleep Medicine Center.**



## Sleep disorders

Sleep disorders can be found in approximately one out of every five children. While it might seem more bothersome to parents than problematic, a sleep disorder could be an underlying reason for a serious health issue such as hyperactivity, learning disabilities or even certain types of heart disease.

No matter what the problem is with your child's sleep, the Sleep Medicine Center can evaluate the situation and make treatment recommendations that are best for the child.

## Accredited by

American Academy of Sleep Medicine (AASM)



## Information

To make a referral to the Pediatric Sleep Medicine Center at Children's Hospital call (865) 769-7900.

**Ehab K. Mansoor, M.D.**  
Medical Director

### Sleep Medicine Center

The Sleep Medicine Center's operating hours are

Office hours: 8 a.m. to 4:30 p.m.  
Monday through Thursday  
8 a.m. to 2 p.m. Friday

Testing occurs Sunday through Friday nights

Phone: (865) 769-7900  
Fax: (865) 769-7959



# Pediatric Sleep Medicine Center

